

QUANTUM MECHANICS

Lecture 24

Still about the angular momentum

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December 3, 2019

D. J. Griffiths: paragraph 4.3

The angular momentum

- 1 In the previous lecture we have seen that the operators L^2 and L_z commute, which means that they are **compatible observables**.
- 2 We can, therefore, look for **simultaneous eigenfunctions** of the two operators:

$$L^2 f = \lambda f \quad \text{and} \quad L_z f = \mu f$$

where λ and μ are the L^2 and L_z eigenvalues, respectively.

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To solve the eigenvalue equations for L^2 and L_z , let us start by defining the following two (non hermitian) operators $L_{\pm} \equiv L_x \pm i L_y$.

We have

$$\begin{aligned}[L_z, L_{\pm}] &= [L_z, L_x] \pm i [L_z, L_y] = \\ &= i\hbar L_y \pm i(-i\hbar L_x) = i\hbar L_y \pm \hbar L_x = \\ &= \pm\hbar(L_x \pm i L_y) = \pm\hbar L_{\pm}\end{aligned}$$

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- 1 Now, since, $[L^2, L_{\pm}] = [L^2, L_x \pm iL_y] = 0$, if f is an eigenfunction of L^2 for the eigenvalue λ , also $L_{\pm}f$ **has the same property**. In fact

$$L^2(L_{\pm}f) = L_{\pm}(L^2f) = L_{\pm}(\lambda f) = \lambda(L_{\pm}f)$$

- 2 Concerning L_z , we have instead that

$$\begin{aligned} L_z(L_{\pm}f) &= (L_zL_{\pm} - L_{\pm}L_z)f + L_{\pm}(L_zf) = \\ &= (\pm\hbar L_{\pm})f + L_{\pm}(\mu f) = \\ &= (\mu \pm \hbar)L_{\pm}f \end{aligned}$$

which shows that $L_{\pm}f$ is an eigenfunction of L_z **for the eigenvalue $\mu \pm \hbar$** .

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The angular momentum

- 1 We call L_+ and L_- **raising** and **lowering** (*ladder*) operators, respectively.
- 2 According to the previous conclusions, starting from the eigenfunction f , corresponding to the eigenvalue λ of L^2 and μ of L_z , with the raising operator f.i. we can build the functions L_+f , $(L_+)^2f$, ... which are eigenfunctions of L_z for the eigenvalues $\mu + \hbar$, $\mu + 2\hbar$, ..., remaining eigenfunctions of L^2 for the initial eigenvalue λ .
- 3 This "raising" chain will stop somewhere or not ?

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- 3 **This "raising" chain will stop somewhere or not ?**

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- ① As a matter of fact, since the L_z eigenfunction $(L_+)^n f$ is eigenfunction of L^2 for the eigenvalue λ , the **chain cannot continue indefinitely** because, on any function (and therefore also on $(L_+)^n f \dots$) we must have

$$\langle L^2 \rangle \geq \langle L_z^2 \rangle \Rightarrow \lambda \geq (\mu + n\hbar)^2$$

so, to stop the chain, there must be a "top" L_z eigenvector f_t for which $L_+ f_t = 0$.

- ② Let $\hbar l_t$ be the highest eigenvalue of L_z for the given eigenvalue λ of L^2 . This means that there exists a function $f_t \neq 0$ such that

$$L_z f_t = \hbar l_t f_t; \quad L^2 f_t = \lambda f_t; \quad L_+ f_t = 0$$

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$$\begin{aligned}L_{\pm}L_{\mp} &= (L_x \pm iL_y)(L_x \mp iL_y) = \\&= L_x^2 + L_y^2 \mp i(L_xL_y - L_yL_x) = \\&= L_x^2 + L_y^2 \mp i(i\hbar L_z) = L^2 - L_z^2 \pm \hbar L_z \\&\Rightarrow L^2 = L_{\pm}L_{\mp} + L_z^2 \mp \hbar L_z\end{aligned}$$

2 therefore, using this result on f_t , we have

$$\begin{aligned}L^2 f_t &= (L_-L_+ + L_z^2 + \hbar L_z)f_t \\&\Rightarrow \lambda = (\hbar l_t)^2 + \hbar(\hbar l_t) = \hbar^2(l_t^2 + l_t) \\&\Rightarrow \lambda = \hbar^2 l_t(l_t + 1)\end{aligned}$$

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- 1 For the same reason for which the raising chain must stop somewhere, also the lowering chain produced by the operators $(L_-)^n$ must do the same, because, again, we have to satisfy the condition

$$\langle L^2 \rangle \geq \langle L_z^2 \rangle \Rightarrow \lambda \geq (\mu - n\hbar)^2$$

- 2 Let $\hbar l_b$ be the lowest eigenvalue of L_z for the given eigenvalue λ of L^2 . This means that there exists a function $f_b \neq 0$ such that

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$$\begin{aligned}L^2 f_b &= (L_+ L_- + L_z^2 - \hbar L_z) f_b \\ \Rightarrow \lambda &= (\hbar l_b)^2 - \hbar(\hbar l_b) = \hbar^2(l_b^2 - l_b) \\ \Rightarrow \lambda &= \hbar^2 l_b(l_b - 1)\end{aligned}$$

2 The two equations that we have found concerning l_t , l_b and λ say that

$$\frac{\lambda}{\hbar^2} = l_t(l_t + 1) = l_b(l_b - 1)$$

which implies that

$$l_t = -l_b \equiv l \geq 0 \quad \Rightarrow \quad \lambda = l(l + 1) \hbar^2$$

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As far as the eigenvalues of L_z , clearly they are such that

$$\mu = m\hbar; \quad m = -l, -l + 1, \dots, l - 1, l$$

so, for a given l , they are in total $N = 2l + 1$, where N is integer, which implies that

l (and therefore also m ...) must be **integer or half-integer**.

The angular momentum

- ① In conclusion, the **simultaneous eigenfunctions** of the observables L^2 and L_z are characterized by two quantum numbers l, m such that

$$L^2 f = \hbar^2 l(l+1)f; \quad L_z f = \hbar m f$$

with

$$\begin{aligned} l &= 0, \frac{1}{2}, 1, \dots \\ m &= -l, -l+1, \dots, l-1, l \end{aligned}$$

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The eigenfunctions

- 1 To find the explicit form of the simultaneous eigenfunctions of L^2 and L_z we need to write these operators in spherical coordinates.

- 2 It can be shown that

$$L_z = -i\hbar \frac{\partial}{\partial \phi}$$

$$\begin{aligned} L^2 &= -\hbar^2 \left[\frac{1}{\sin\theta} \frac{\partial}{\partial \theta} \left(\sin\theta \frac{\partial}{\partial \theta} \right) + \frac{1}{\sin^2\theta} \frac{\partial^2}{\partial \phi^2} \right] = \\ &= -\hbar^2 \hat{J} \end{aligned}$$

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- ① Therefore, the eigenvalue equation for L^2 reads

$$\begin{aligned} L^2 f_l^m &= \hbar^2 l(l+1) f_l^m \\ \Rightarrow \hat{J} f_l^m &= -l(l+1) f_l^m \end{aligned}$$

- ② **But we have already seen this equation !**
- ③ In fact, this equation was already found when we have operated the separation of variables in the 3D time-independent Schrödinger equation.
- ④ Its solutions are the spherical harmonics $Y_l^m(\theta, \phi)$.

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- 1 Let us recall the definition of the $Y_l^m(\theta, \phi)$:

$$Y_l^m(\theta, \phi) \equiv \epsilon \sqrt{\frac{2l+1}{4\pi} \frac{(l-|m|)!}{(l+|m|)!}} P_l^m(\cos\theta) e^{im\phi}$$

where l and m are integers, m is such that $|m| \leq l$, $\epsilon = (-1)^m$ for $m > 0$ and $\epsilon = 1$ for $m < 0$.

- 2 Clearly, these functions are also eigenfunctions of $L_z = -i\hbar \frac{\partial}{\partial \phi}$, in fact

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We can, therefore, conclude that, when we have solved the time-independent Schrödinger equation in $3D$ by separation of variables in radial and polar coordinates, we were indeed constructing **simultaneous eigenfunctions of the three commuting operators H , L^2 and L_z**

$$H\psi = E\psi; \quad L^2\psi = \hbar^2 l(l+1)\psi; \quad L_z\psi = \hbar m\psi$$

The eigenfunctions

A final **observation** before leaving the subject:
the simultaneous eigenfunctions of L^2 and L_z ,
which we have seen to be the spherical
harmonics, admit only values of l (and m) which
are **integers**, whereas the algebraic theory
previously developed, allows, in principle, also
half-integers . . .

**Which is the meaning of the half-integer
solutions ?**